Dangerous heat today

If anyone is hurt or in danger, call 911.

1. **Someone confused, very hot, or collapsed? That can be heat stroke: call 911** or get them to a hospital now.[1]
2. **No AC? Go to a cooling center**, library, or mall.[1]
3. **A fan is not enough on its own.** Fans don't lower body temperature.[1]
4. **Drink plenty of fluids.**[1]
5. **Never leave people or pets in a closed car.**[1]
6. **Check on family, older adults, and neighbors.**[1]

Stay-Go Guide · official steps, checked 16 November 2026 · Follow your local officials first.

Sources

1. FEMA / Ready.gov: Extreme Heat

About this PDF

From Stay-Go Guide: https://preparedness.projectsandguides.com/when-it-happens/extreme-heat/ · Facts checked on 16 Nov 2026 · PDF made 16 Nov 2026. Newest version and more printables: https://preparedness.projectsandguides.com/library/ . Sources are listed above. Educational information only. In an emergency, call 911 and follow local officials.